

ARE YOU PREPARED?



Public Health
Prevent. Promote. Protect.
Fargo Cass Public Health

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Resolve to be Ready: Commit to Emergency Preparedness in 2013!

2012 was characterized by extremely active and devastating weather events across the country; flooding in the Southeast as a result of Tropical Storm Debby and Hurricane Isaac, wildfires across the Midwest, and Hurricane Sandy which devastated parts of the Northeast and was the second-largest Atlantic storm on record

Cass Fargo Emergency Management, Fargo Cass Public Health, and the Federal Emergency Management Agency (FEMA) is encouraging everyone to *Resolve to be Ready in 2013* by committing to emergency preparedness.

As we have seen in 2012, including the recent severe weather affecting the Midwest, disasters can strike anytime, anywhere, and being prepared is one of the most effective things we can do to protect our homes, businesses and loved ones. *Resolve to be Ready in 2013* is a nationwide effort to increase awareness and encourage individuals, families, businesses and communities to take action and prepare for emergencies in the new year.

By making a resolution to take a few simple steps in advance, people can minimize the impact of an emergency on their families, homes and businesses. The website: www.listo.gov includes free information, checklists and guidelines about how to put together a kit and make a plan.

[Make a family emergency plan](#) so you know how you would communicate with and find your loved ones when a disaster strikes. Think about how you would reach your kids at school or your spouse at work. If you had to evacuate, where would you go? Thinking this through in advance will make a big difference.

[Build two emergency supply kits](#) – one for home and one for the car – that include water, food and first aid supplies to help you survive if you lose power or are stranded in your car. This is especially important for dealing with icy roads and snowstorms.

[Attend informational meetings](#): Cass Fargo Emergency Management offers speakers ready to talk to groups or classes about emergency preparedness in the Red River Valley. The *Are You Prepared?* guide comes in 13 different languages and is available online at cityoffargo.com/emergencies or hardcopy by calling 476-5990.

[Be prepared mentally and emotionally](#): Red River Resilience offers tools and assistance when preparing for, and dealing with disasters mentally and emotionally. For more information go to redriverresilience.com.



In this issue:

Trainings:

CERT

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CodeRed sign up

www.cityoffargo.com/Emergencies/JoinCodeRed/. If you are unable to sign up online call **701-476-4068**.

CodeRED includes a severe weather warning notification option. If you are already registered for **CodeRED**, please go to the website listed above to sign up for the new option.

Volunteer & Service Fair

Monday April 8, from 10-1 p.m. at Minnesota State University Moorhead's Comstock Memorial Union

This event will highlight the many volunteer opportunities in the Cass-Clay region.

Volunteer Appreciation Night!
Monday, May 30 at the FM RedHawks Game.

Ice Cream Social in the picnic area for volunteers 6:00 p.m.

Reserved tickets \$5 , 3rd baseline \$4
General admission \$3

Mention "volunteer" when ordering tickets, or type "volunteer" if purchasing online. Discount only for pre-ordered tickets. Ticket fees still apply. Tickets go on sale April 1st.

For more information: myfirstlink.org

Community Emergency Response Teams *Helping Communities During Time of Crisis*

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

For more information and to schedule training for your group or organization, contact:

Ryan Viergutz
Fargo Fire Department
(701)241-1522
rviergutz@cityoffargo.com



Red River Radio Amateur's FREE Entry Level Amateur Radio Class

Dates: Every Wednesday night starting on March 6th and ending on April 10th for anyone who is interested in becoming an amateur radio operator.

Time: 7:00 PM to 8:45 PM

Textbook: Level 1 Technician Class License Manual 2nd Edition (ISBN 978-0-87259-097-7)

Location: West Fargo Public Library- 2nd Floor Meeting Room-109 3rd St E, West Fargo, ND 58078

Class Syllabus: [Spring Technician Level Class Syllabus](#)

Contact: WB0DSF@gmail.com or at 701-541-3411. For more information, go to www.rrra.org

Become a Weather Spotter!

The National Weather Service will be conducting [SkyWarn](#) training classes in the area this spring. Dates for the classes around the Fargo-Moorhead area are listed below. The classes are **free** and open to the public. For more information contact Greg Gust at Gregory.Gust@noaa.gov.

Wadena: March 15- 6:30-9:15 P.M. location TBD.

Fargo: March 26- 6:30 to 9:15 P.M. at the Public Safety Building; 4630 15 Avenue North.

Colfax, ND: April 1- 6:30 to 9:15 P.M.

Sabin, MN: April 8- 6:30 to 9:15 P.M. at the Fire Hall.

Wahpeton: April 17-6:30 to 9:15 P.M. location TBD.

Ulen, MN: April 22- 6:30 to 9:15 P.M. at the Fire Hall.

Sign up for this e-newsletter!

Contact: torecchia@cityoffargo.com